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Phase-Resolved Spectroscopy of Gaia14aae: Line Emission From Near the White Dwarf Surface

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ABSTRACT

AM CVn binaries are a class of ultracompact, hydrogen-deficient binaries, each consisting of a white dwarf accreting helium-dominated material from a degenerate or semi-degenerate donor star. Of the 56 known systems, only Gaia14aae undergoes complete eclipses of its central white dwarf, allowing the parameters of its stellar components to be tightly constrained. Here, we present phase-resolved optical spectroscopy of Gaia14aae. We use the spectra to test the assumption that the narrow emission feature known as the ‘central spike’ traces the motion of the central white dwarf. We measure a central spike velocity amplitude of 13.8 ± 3.2 km/s, which agrees at the 1σ level with the predicted value of 17.6 ± 1.0 km/s based on eclipse-derived system parameters. The orbital phase offset of the central spike from its expected position is $4 \pm 15^\circ$, consistent with 0° . Doppler maps of the He I lines in Gaia14aae show two accretion disc bright spots, as seen in many AM CVn systems. The formation mechanism for the second spot remains unclear. We detect no hydrogen in the system, but we estimate a 3σ limit on H α emission with an equivalent width of -1.14 Å. Our detection of nitrogen and oxygen with no corresponding detection of carbon, in conjunction with evidence from recent studies, mildly favours a formation channel in which Gaia14aae is descended from a cataclysmic variable with a significantly evolved donor.

Key words: stars: individual: Gaia14aae – stars: dwarf novae – binaries: eclipsing – novae, cataclysmic variables – binaries: close – white dwarfs

1 INTRODUCTION

AM CVn-type binaries are accreting, ultracompact systems with orbital periods of 5–65 minutes (see Solheim 2010, Breed 2015 and Ramsay et al. 2018 for reviews). Each system consists of a white dwarf accreting hydrogen-deficient, helium-dominated matter from an evolved donor, which may be degenerate or semi-degenerate. In most AM CVn systems, this mass transfer occurs via an accretion disc around the central white dwarf. AM CVn binaries are strong, galactic sources of gravitational waves (Korol et al. 2017; Kupfer et al. 2018; Breivik et al. 2018). They share many prop-

erties with hydrogen-accreting cataclysmic variables (CVs), including their accretion geometries and the occurrence of dwarf nova outbursts (dramatic changes in magnitude due to thermal instabilities in the accretion disc).

The number of AM CVn binaries known has increased significantly in recent years, and now stands at 56 (Ramsay et al. 2018). The bottleneck in our understanding of AM CVns is no longer the small number of known systems, but the difficulty in constraining the properties of many of them. Key properties of interest in the characterisation of AM CVns are their orbital periods and their component stellar masses, as these properties constrain their evolutionary history and formation mechanism. However, because of the faintness of the donor star relative to the rest of the sys-

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tem no AM CVn donor has been directly observed, rendering mass measurements difficult.

There are three methods by which the stellar mass ratios ($q = M_2/M_1$, donor mass over accretor mass) of AM CVns have been determined: by eclipse photometry, by spectroscopy, or using the ‘superhump’ method. The eclipse method uses photometry of the eclipse of the central white dwarf to determine the dynamics and masses of the two stars. It is the most precise method of determining stellar masses, but it is limited to the two known AM CVns in which the central white dwarf is fully or partially eclipsed (Copperwheat et al. 2011a; Green et al. 2018a). The spectroscopic method relies on resolving the radial velocity of the central white dwarf as a function of orbital phase, thereby determining the dynamics of the binary. It therefore requires a spectroscopic signature of the central white dwarf (Roelofs et al. 2005; Kupfer et al. 2016). Lastly, the superhump method is based on an empirical relation between mass ratio and a photometric signal known as the ‘superhump period’ which is related to disc precession (Patterson et al. 1993, 2005; Knigge 2006; Kato & Osaki 2013). The superhump relation was derived for hydrogen-dominated cataclysmic variables, and although the relation is widely used for AM CVns, there are some doubts about its applicability due to the hydrogen-deficient nature of the discs and the extreme values of q found in AM CVn binaries (Pearson 2007; Kato et al. 2014).

Due to the limited number¹ of systems for which each method can be applied, there are very few AM CVn binaries for which results from multiple methods can be directly compared. The first known AM CVn-type binary, AM CVn itself, has been studied using both spectroscopic and superhump methods, producing discrepant measurements of $q = 0.18 \pm 0.01$ and 0.101 ± 0.005 respectively (Skillman et al. 1999; Roelofs et al. 2006b). On the other hand, the partially-eclipsing binary YZ LMi was studied with both eclipse and superhump methods, producing consistent values of $q = 0.041 \pm 0.002$ and 0.049 ± 0.008 (Copperwheat et al. 2011a)². Aside from these two systems, there have been no opportunities to test the three methods against each other for AM CVns.

Spectral lines of AM CVn-type binaries have orbital phase-dependent profiles arising from the presence of multiple components, which we describe in the following two paragraphs. The accretion disc contributes a broad, double-peaked line profile, as the approaching limb of the disc is blueshifted and the receding limb is redshifted. The point of contact between the stream of infalling matter and the accretion disc, a region known as the ‘bright spot’, is the origin of a spectral component whose Doppler shift varies with orbital phase (known as an ‘S-wave’). Many AM CVns show a ‘second bright spot’ spectral feature which is Doppler shifted with a similar amplitude, but offset in orbital phase by 120° from the first bright spot (Roelofs et al. 2005, 2006b; Kupfer et al. 2013, 2016). The physical cause of this feature is uncertain. Similar features have been seen in some short-period

Table 1. Summary of the properties of Gaia14aae based on eclipse photometry, as presented in Green et al. (2018a). 1σ uncertainties are quoted in brackets. We additionally predict the projected orbital velocity, K_{WD} , of the accretor, based on stellar masses, orbital separation, and orbital inclination.

Parameter	Value
Mass ratio, q	0.0287(20)
Inclination, i ($^\circ$)	86.3(3)
Orbital separation, a (R_\odot)	0.430(3)
Accretor mass, M_1 (M_\odot)	0.87(2)
Donor mass, M_2 (M_\odot)	0.0250(13)
Accretor radius, R_1 (R_\odot)	0.0092(3)
Donor radius, R_2 (R_\odot)	0.060(10)
Disc radius, R_{disc} (R_\odot)	0.264(3)
Bright spot separation, R_{spot} (R_\odot)	0.187(2)
Accretor orbital velocity, K_{WD} (km/s)	17.6 ± 1.0

hydrogen CVs, though it is unclear whether the mechanism is the same (eg. EX Dra, Joergens et al. 2000).

Lastly, some AM CVn spectral lines show a sharp emission feature known as the ‘central spike’ (Nather et al. 1981; Marsh 1999). The central spike is redshifted by an amount approximately consistent with a gravitational potential expected on or near the white dwarf surface. Wavelength-dependent blue-shifts are also seen in the central spike of some He I lines, resulting from forbidden transitions excited in regions of high electron density (Morales-Rueda et al. 2003). On top of these systemic velocity offsets relative to the rest wavelength, the feature undergoes low-amplitude velocity changes which appear to coincide with the phase and amplitude of the central white dwarf (Kupfer et al. 2016). The central spike has therefore been assumed to originate at the central white dwarf, and these phase-dependent Doppler shifts have regularly been used to measure AM CVn mass ratios. However, there has been no direct test of this assumption.

The best-characterised AM CVn is Gaia14aae, the only known system in which the central white dwarf is fully eclipsed (Campbell et al. 2015). Its orbital period of 49.7 minutes puts Gaia14aae at the long-period end of the AM CVn orbital distribution. Modelling the eclipse lightcurves of Gaia14aae has allowed the component stellar masses and radii to be tightly constrained (Green et al. 2018a). The properties measured in that work are summarised in Table 1. An estimate of the mass transfer rate based on the *Gaia* parallax of the system was consistent with these stellar masses (Ramsay et al. 2018). The tight constraints on Gaia14aae make it an ideal system to test the assumptions made for other AM CVns.

In this paper, we present and analyse phase-resolved spectroscopy of Gaia14aae. In Section 2 we describe the observations undertaken for this project. In Section 3 we present the spectra of Gaia14aae and their analysis. In Section 4 we discuss the implications of these findings for Gaia14aae in the context of its formation history and the population of AM CVns.

¹ To date, two AM CVn binaries have measurements of q by eclipse photometry, four by spectroscopy, and nine by the superhump method (Green et al. 2018b, and references therein).

² Several versions of the empirical superhump relationship are available. For both superhump-derived mass ratios quoted in this paragraph we have used the relationship of Knigge (2006).

Table 2. Observations undertaken for this work.

Date	Instrument	Exposures
2015 July 16	WHT+ISIS	31×240 s
2015 July 17	WHT+ISIS	51×240 s
2016 May 14	GTC+OSIRIS	136×70 s

2 OBSERVATIONS

Phase-resolved spectroscopy of Gaia14aae was obtained using the ISIS spectrograph on the 4.2 m William Herschel Telescope (WHT), and the OSIRIS spectrograph (Sánchez et al. 2012) on the 10.4 m Gran Telescopio Canarias (GTC), both at the Roque de los Muchachos observatory on La Palma. The observations undertaken for this project are summarised in Table 2. Conditions for all observations were clear with good seeing (0.4–1"). All images were bias-subtracted and flat field-corrected using tungsten lamps. Extraction and calibration were carried out with optimal weights, using the software packages PAMELA³ and MOLLY⁴.

The WHT spectra were collected using a 1" slit and exposure times of 240s. The ISIS spectrograph has two arms, allowing it to simultaneously collect data at blue and red wavelengths. In the blue arm we used the R300B grating, giving a mean dispersion of 1.7 Å/pixel across wavelengths 3500–5400 Å. In the red arm the R316R grating and a GG495 order-sorter filter were used, giving a mean dispersion of 1.8 Å/pixel across wavelengths 5400–8000 Å. The resolutions were 3.5 Å in the blue arm and 3.2 Å in the red arm, both measured using arc lines close to the centre of the spectral range.

Wavelength calibration arcs were obtained once per hour throughout the night. The red arm was calibrated against 32 arc lines using a five-term polynomial, achieving a root-mean-square (RMS) deviation from the polynomial of 0.017 Å. The blue arm was calibrated against 30 arc lines using a seven-term polynomial, achieving an RMS deviation of 0.175 Å. Due to a lack of viable arc lines at the blue end of the spectrum, the calibration for wavelengths 3500–3900 Å is unreliable. Flux calibration was carried out against the standard star BD+33 2642, observed on both nights.

The GTC spectra were collected using a 0.8" slit and exposure times of 70s. The R2500V grating was used, giving a dispersion 0.8 Å/pixel across wavelengths 4400–6000 Å. The resolution was 2.1 Å based on a fit to the arc lines, or 2.3 Å based on the 5577 Å sky emission line. Wavelength calibration was carried out against 27 arc lines using a five-term polynomial. The resulting RMS was 0.016 Å. The flux was calibrated against the standard star Feige 66, observed on the same night.

Table 3. Features identified from WHT and GTC spectra of Gaia14aae, along with their measured EWs. The EW of some features could not be measured, due either to a blend or insufficient signal. The quoted uncertainties are scaled to account for any scatter in the local continuum. Regardless, we note that the uncertainties are statistical only, and do not represent the false alarm probability of a particular line. We class the He I lines as emission features, but note that these features also have prominent absorption components which in some cases result in positive EWs.

Line (wavelength in Å)	WHT EW (Å)	GTC EW (Å)
<i>Emission features</i>		
He I 3888.6	-9.2 ± 0.5	–
He I 3964.7	1.45 ± 0.28	–
He I 4026.2	-4.39 ± 0.27	–
He I 4120.8/43.8	-3.25 ± 0.27	–
He I 4387.9	-2.09 ± 0.16	–
He I 4471.5 *	-13.42 ± 0.31	-7.39 ± 0.26
He II 4685.7 *	X ^a	X ^a
He I 4713.1 *	-12.37 ± 0.32	-6.30 ± 0.22
He I 4921.9	-9.72 ± 0.19	-4.61 ± 0.14
He I 5015.6/47.7	-35.8 ± 0.5	-17.77 ± 0.32
Si II 5640–5710 †	-3.19 ± 0.15	-1.30 ± 0.16
He I 5875.6 *	-46.4 ± 1.0	-33.2 ± 0.9
Si II 5957.6/78.9 *	-0.38 ± 0.11	-0.49 ± 0.16
Si II 6347.1/71.4	-15.7 ± 0.5	–
He II 6560.1	-0.82 ± 0.16	–
He I 6678.2	-42.1 ± 1.2	–
He I 7065.2	-51.4 ± 1.5	–
He I 7281.4	-26.7 ± 1.2	–
<i>Absorption features</i>		
Mg I 3829.4/32.3/38.3	4.47 ± 0.08	–
Si II 3856.0 *	X	–
Ca II 3933.7 *‡	X	–
Mg II 4481.2 *	X	X
Mg I 5167.3/72.7/83.6	0.82 ± 0.12	1.38 ± 0.11
Na I 5890.0 *	X	X
Na I 5895.2 *	X	X
Mg I 6145.1	0.53 ± 0.09	–
Ne I 6402.2 *	X	–
N I 6483.7	0.67 ± 0.08	–
Ne I 6506.5	0.58 ± 0.08	–
N I 7423.6/42.3/68.3	X	–
O I 7774.2	1.5 ± 0.5	–
– Wavelength not covered.		
* Marked features are blended with their neighbours.		
† Blended feature consistent with several Si II emission lines.		
‡ Ca II 3968 Å was excluded due to a blend with He I 3965 Å.		
^a EW for He I 4713 Å includes blended He II 4686 Å line.		
X Line present but EW could not be measured, due to either a blend with another line or significant continuum noise.		

3 RESULTS

3.1 Average Spectrum

3.1.1 Helium lines

The average spectrum of Gaia14aae is shown in Figure 1. It consists of a blue continuum with a series of strong he-

³ github.com/starlink/starlink/tree/master/applications/pamela

⁴ deneb.astro.warwick.ac.uk/phsaap/software/

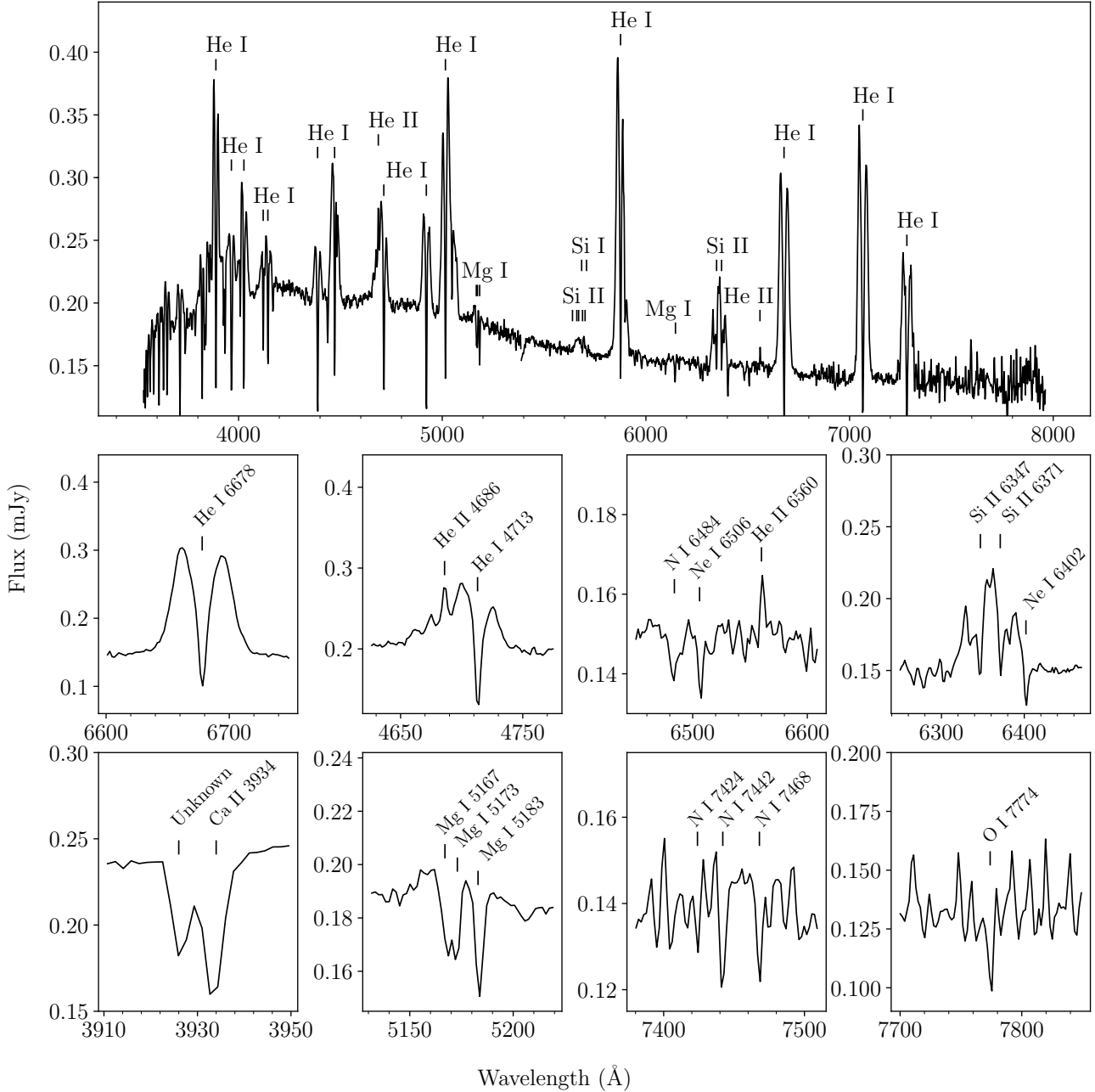


Figure 1. *Above:* The average WHT spectrum, obtained in 2015 July, created by combining 78 spectra with 240s exposure times that did not coincide with eclipses. The join between the red and blue arms of the spectrum is around 5400 Å. The positions of various identified spectral features are marked. For wavelengths < 3900 Å, the wavelength calibration is unreliable and we therefore do not identify these features. *Below:* Close-ups of selected spectral features. As can be seen, detections of N I and O I are marginal relative to the noise. Several absorption lines are still unidentified, including the feature next to the Ca II K line.

lium emission lines, and some weaker metal lines which are in a mixture of emission and absorption. The spectral lines identified and their measured equivalent widths (EWs) are listed in Table 3. The majority of these spectral lines originate from He I, and have a double-peaked profile characteristic of accretion disc emission, along with deep absorption cores. Also clearly visible is an emission line from He II at 4685.7 Å. Unlike the He I emission lines, He II appears single-peaked in the average spectrum. We identify this emission

as the ‘central spike’ feature. There is no evidence for the central spike feature in any He I line.

A weak emission line is seen at 6560 Å which may originate from the H α line (6562.8 Å) or from a line in the He II Pickering series (6560.1 Å). As discussed in Section 3.1.4, we believe this to be He II.

Absorption cores of the type seen in Gaia14aee are commonly seen in CV and AM CVn systems when the system is viewed edge-on relative to the orbital plane. These cores

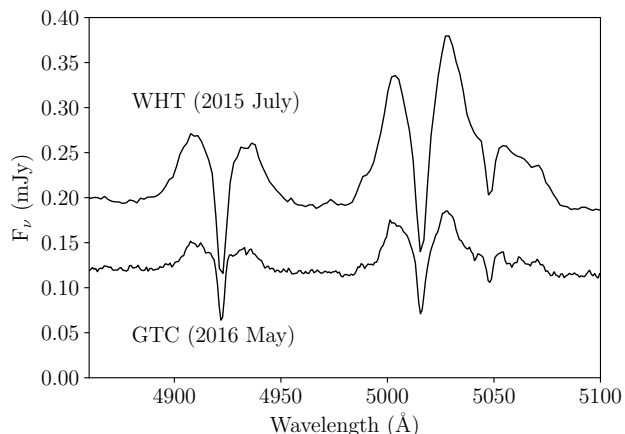


Figure 2. Comparison of WHT and GTC average spectra for a selected wavelength range. No flux offsets or flux scaling have been applied, apart from the original flux calibration described in Section 2. The difference in continuum level may be genuine or may be a result of slit losses. However, there is a visible decrease in the strength of the emission lines relative to the continuum by the time of the GTC spectrum.

result from obscuration of the central white dwarf by an accretion disc which is optically thick at those wavelengths and optically thin elsewhere. The narrow profile of the absorption cores in Gaia14aae suggests that they are dominated by this form of absorption rather than photospheric absorption, which, when seen in helium-atmosphere white dwarfs, typically produces broader spectral lines (Bergeron et al. 2011). We discuss this further in Section 3.2.

Between the WHT observations in 2015 July and the GTC observations in 2016 May, the EW of He I lines decreased by a mean factor of 0.65. Gaia14aae underwent an outburst in 2014 (Campbell et al. 2015) and, at the time of these observations, was still decreasing in brightness towards quiescence (Green et al. 2018a). A comparison of WHT and GTC average spectra is shown in Fig. 2. There is a clear decrease in both the continuum level and the line strengths by the time of the GTC spectra in 2016 May. This may be due to slit losses or, if intrinsic to the system, may be a result of the system continuing to cool following its outburst. The decrease in EW may be explained by the line strengths decreasing more significantly than the continuum level and the absorption cores. Similar changes in EW have been seen in dwarf novae as the system cools following an outburst (eg. Fig. 1 of Szkody et al. 2012).

The measured He I EWs can be compared with other AMCVns. For a sample of 23 AMCVns with emission line spectra, Carter et al. (2013, their Fig. 10) found a correlation between orbital period and the EW of the He I 5875 Å line. Based on this correlation, the 5875 Å line of Gaia14aae is weaker than expected, though within the scatter. This relative weakness is likely due to the absorption cores that result from the edge-on viewing angle of Gaia14aae. We note, however, that the partially-eclipsing AMCVn binary YZ LMi (which is necessarily viewed edge-on) does not show such strong absorption cores (Anderson et al. 2005).

3.1.2 Metal lines

In Gaia14aae we detect metal lines from a variety of elements listed in Table 3, including N, O, Ne, Na, Mg, Si, and Ca. Of these, the only prominent *emission* lines are Si II lines at 6347 and 6371 Å, along with a blended Si II feature around 5640–5710 Å. Marsh et al. (1991) predicted that Si II 6347 and 6371 Å should be among the strongest metal emission lines in helium-dominated, optically thin accretion discs.

All other metal features in the spectrum of Gaia14aae are absorption lines. Metal absorption lines are relatively rare in quiescent AMCVn binaries, though they have been previously detected in SDSS J1552+3201 (Roelofs et al. 2007b), SDSS J1208+3550, and SDSS J1642+1934 (Kupfer et al. 2013). All three of these systems show Mg I absorption, and the latter two additionally show Si I/II absorption. Ni I and Ni II absorption has been seen in GP Com and SDSS 1908+3940 (Morales-Rueda et al. 2003; Kupfer et al. 2015, 2016), with GP Com also showing significant N emission lines. O and Ne have not been previously detected in absorption, but are present in emission in GP Com and V396 Hya (Kupfer et al. 2016). Similarly, Ca has previously been detected in emission in systems such as V406 Hya (Roelofs et al. 2006a), but never before in absorption. The Ca II *K* line is seen in our spectrum, while the nearby Ca II *H* line at 3968 Å would be blended with a He I line at 3965 Å and is therefore not detected. The detection of Na appears to be unprecedented in AMCVn systems. However, we note that the Na absorption lines in our spectra may be residuals of our sky subtraction, as the Na emission from the sky was strong on the nights of our observations.

The detection of a wide variety of metals in absorption is unusual in an AMCVn, but not necessarily unexpected for Gaia14aae. Under the assumption that these absorption lines result from obscuration of the central white dwarf, the high inclination of Gaia14aae is likely to make such otherwise weak absorption features more prominent.

In Table 3 we have not identified any lines of Fe. This is something of a surprise; Fe is a common element and has been detected in a number of AMCVns (eg. Roelofs et al. 2005, 2006a, 2007a; Kupfer et al. 2013). Alongside Si II, Marsh et al. (1991) predicted that Fe II at 5169 Å should be among the strongest metal emission lines. The presence of Si II and absence of Fe II is consistent with some previously studied AMCVn systems, while others have shown both Si II and Fe II emission or no detectable metal emission (eg. Kupfer et al. 2013, 2016). We note that we cannot rule out that some spectral features may result from Fe. The absorption series in the 3500–3900 Å range (which we were unable to precisely wavelength calibrate) is most likely to be He I, but some lines may be explained by Fe. The absorption lines that we identify as Mg I 5167 and 5173 Å may in fact be Fe I 5167 and 5172 Å, although there is no Fe line corresponding to Mg I 5183 Å. The unknown feature around 3927 Å (Fig. 1, lower left panel) could be Fe I 3928 Å, though it would have to be blueshifted where most features are slightly redshifted, and we do not see the nearby Fe I transitions at 3923 and 3930 Å despite their similar predicted strength. We also note non-detections of Fe I at 4064, 4272, 4282, 4308 4325, 4958, 5227, and 5270 Å, and of Fe II at 6248 and 6456 Å, all of which are expected to be reasonably strong and occur at regions of clear baseline in our spectrum.

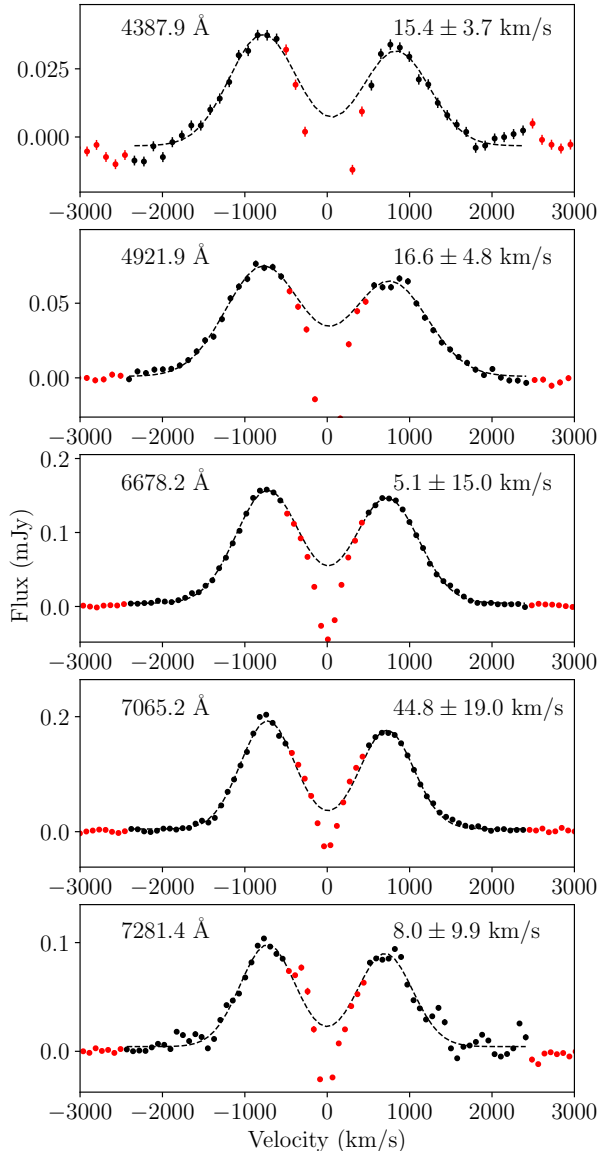


Figure 3. Emission lines of He I with best-fitting double-peaked Gaussian profiles. Lines which are blended with neighbours or strongly asymmetric were omitted from the fitting process. The central absorption region of each line was masked (masked points are indicated in red). The measured systemic velocity of each line is quoted in the top right of the panel.

The presence of N and O is of particular interest, as the abundances of CNO elements can give insights into the evolutionary history of the donor and hence of the binary (Yungelson 2008; Nelemans et al. 2010). If the donor has been through a phase of helium burning, C and O will be significantly enriched relative to N. We do not detect C in Gaia14aae, but given the marginal nature of the detections of N and O this is not a significant non-detection.

3.1.3 Radial Velocity

We measured the average radial velocity of Gaia14aae from the He I emission lines in our WHT spectra in several differ-

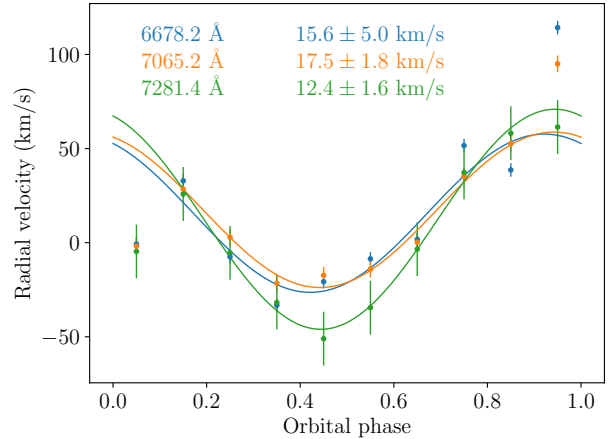


Figure 4. Radial velocities measured from phase-binned and averaged WHT spectra for three He I lines. Radial velocity measurements are colour-coded according to the spectral line to which they correspond. Sinusoids were fitted to measurements from each spectral line, and are also shown. Note that the phase bins centred on phases 0.05 and 0.95 are affected by the eclipse of the disc, and were therefore not considered during the sinusoidal fit.

ent ways. First, we selected He I lines that were not blended with other lines, and avoided lines that were extremely asymmetric. This left 5 suitable He I lines, shown in Fig. 3. For measuring the radial velocity we are most interested in the outer edges of the line profile. The outer edges correspond to the inner edge of the accretion disc and are therefore less likely to be affected by asymmetries in the disc that may occur due to the bright spots or eccentricity of the disc. In Gaia14aae the centre of each line is also affected by the absorption cores. We therefore masked velocities < 500 km/s in each line. A double-peaked Gaussian fit to these lines was performed, with the widths of the Gaussians held equal but their heights allowed to vary, from which the systemic radial velocity, γ , was found as the midpoint of the centres of the two Gaussians. This process found radial velocities consistent with each other, though some have large error bars. Their average systemic velocity $\gamma = 15.5 \pm 2.7$ km/s.

We note the possibility for the mean spectrum to be biased if the sampled spectra are not uniformly distributed across orbital phase. We therefore produced ten phase-binned and averaged spectra. The radial velocity of each spectrum was measured using a double-Gaussian fit as before. In Fig. 4 we show sinusoidal fits to these radial velocity measurements. The 4388 Å and 4921 Å lines showed a significant number of anomalous radial velocity measurements and were excluded (though we note that, due to the large uncertainties on the sinusoidal fits to these lines, including or excluding these lines does not significantly change the weighted mean). The weighted mean γ from these fits was found to be 14.7 ± 1.2 km/s, consistent with the above.

In Section 3.3 we perform a sinusoidal fit to the radial velocity of the bright spot of He II 4686 Å, which is found to be 16.0 ± 5.7 km/s, which is again consistent with the values discussed previously.

However, we note that there are several sources of uncertainty in γ which these methods do not counteract. Phase-

dependent variations in the bright spot flux are possible, for instance due to partial obscuration of the bright spot by the disc, and could potentially distort measured radial velocities. The AM CVn binary GP Com shows measurably non-sinusoidal variations in the radial velocity of its bright spot (Marsh 1999); if the radial velocity curve of the bright spot in Gaia14aae is similarly non-sinusoidal, this may again bias our measurements of γ which are based on sinusoidal fits.

3.1.4 Upper Limit on Hydrogen

The spectral feature near 6560 Å has two possible origins, a He II line (6560.1 Å) or H α (6562.8 Å). We measured the radial velocity shift required to produce this feature in each interpretation, assuming a systemic redshift γ of 16 km/s to match that measured in Sections 3.1.3 and 3.3. In the He II case, a redshift of 46 ± 17 km/s is required, which agrees well with the redshift measured for the strong He II 4686 Å central spike (Section 3.3). In the H α case, a blue-shift of -78 ± 18 km/s would be required. As we do not know of any mechanism that would produce such a blue-shift, we feel confident in identifying this feature as He II emission.

As the hydrogen content of Gaia14aae is of interest regarding its evolutionary history, we attempted to measure upper limits on the EW of H α emission. We did this for two assumed line profiles of H α : firstly, a single-peaked Gaussian with the same width and the same baseline redshift as the He II 6560 Å line, and secondly a double-peaked Gaussian profile with properties held at the average of the He I velocity profiles shown in Fig. 3. For this process, the He II 6560 Å was first subtracted from the spectrum using a single Gaussian fit. The uncertainties on each data point in the spectrum were then scaled such that they were consistent with the scatter on data points in the region around 6562 Å. Assuming Gaussian uncertainties, we derived 3σ limits on the H α EW of -0.44 Å in the single-peaked case, and -1.14 Å in the double-peaked case.

Quantifying an upper limit on the hydrogen fraction in the accreted material would require modelling of the accretion disc. Such modelling has been done for several AM CVn binaries, most recently non-LTE modelling of V396 Hya (aka CE 315, Nagel et al. 2009). As Gaia14aae and V396 Hya are similar in some ways (most importantly orbital period and mass transfer rate), we compare our upper limits to the predicted spectra of that work (Nagel et al. 2009, their Fig. 9). Based on this comparison, we cannot rule out a hydrogen fraction of 10^{-5} (predicted EW ≈ 0.6 Å), and it seems unlikely we would be able to rule out 10^{-4} either. This represents an easing of the upper limit of 10^{-5} assumed in Green et al. (2018a).

3.2 In-Eclipse Spectrum and White Dwarf Spectrum

As the first known fully-eclipsing AM CVn binary, Gaia14aae presents the opportunity to disentangle the spatial components of the system. Because the eclipse duration is slightly longer than the exposure time of our GTC observations (70 s), we were able to obtain one spectrum contained entirely within the eclipse of the central white dwarf.

Table 4. Measured positions in velocity space of the central spike and bright spot in the GTC He II 4686 Å line of Gaia14aae, as measured using the method of shifting Gaussians. The systemic velocity offset of each component is denoted by γ .

Feature	K_x (km/s)	K_y (km/s)	γ (km/s)
Central Spike	0.9 ± 3.8	-13.8 ± 3.1	60.7 ± 2.4
Bright Spot	-548.9 ± 12.4	662.1 ± 5.8	16.0 ± 5.7

The difference between this spectrum and the out-of-eclipse average spectrum then gives the spectrum of the eclipsed region of Gaia14aae, a region which includes the central white dwarf and part of the inner disc which is eclipsed simultaneously. In Fig. 5 we show the spectrum during eclipse, the average spectrum outside of eclipse, and the difference spectrum (the spectrum of the eclipsed light).

The strong central spike emission feature from the He II 4686 Å line is clearly visible in the difference spectrum in Figure 5, and is not visible at all during eclipse. This feature must therefore arise from a region which is occulted by the donor at this phase. Likely suggestions are the central white dwarf itself, a region near the central white dwarf, or the inner accretion disc.

The majority of He I emission is still visible during eclipse, as expected because at any one time the majority of the disc is still visible. However, some amount of He I emission is seen in the difference spectrum in Figure 5, most clearly around 5875 Å. There are two possible sources for this emission: this may be emission from the regions of the disc which are eclipsed, especially the inner disc; or it may be a residual artefact of the emission in the average spectrum.

The absorption cores of He I lines are visible in the difference spectrum of Figure 5 as deep, sharp absorption lines. As was mentioned in Section 3.1, these lines are narrower than would be expected from photospheric absorption. In Figure 6 we compare the difference spectrum to synthetic spectra of 17000K and 13000K white dwarfs, both with $\log(g)=8.5$ and pure-helium (DB spectroscopic class) atmospheres. These models are identical to those presented by Bergeron et al. (2011).

The absorption seen from the white dwarf in Gaia14aae is both narrower and deeper than either of these model spectra. This is consistent with an understanding that the disc is less transparent at the frequencies of these lines than it is in the continuum. If the accretion disc scale height is negligible compared to the white dwarf radius, as is expected, then slightly less than 50% of the white dwarf light will pass through the accretion disc. For some He I lines, in particular at 5015 and 5875 Å, the depth of the absorption core is over 50% of the continuum, therefore requiring a contribution from photospheric absorption as well.

3.3 Trained Spectra and Doppler Maps

In Figures 7-8 we show trailed, phase-folded spectra using our data from the GTC and WHT. We show selected spectral lines in each case, including a combination of He I, He II, and Si II.

For each spectral line we show a Doppler map (Marsh & Horne 1988). Doppler maps are widely used in the analysis

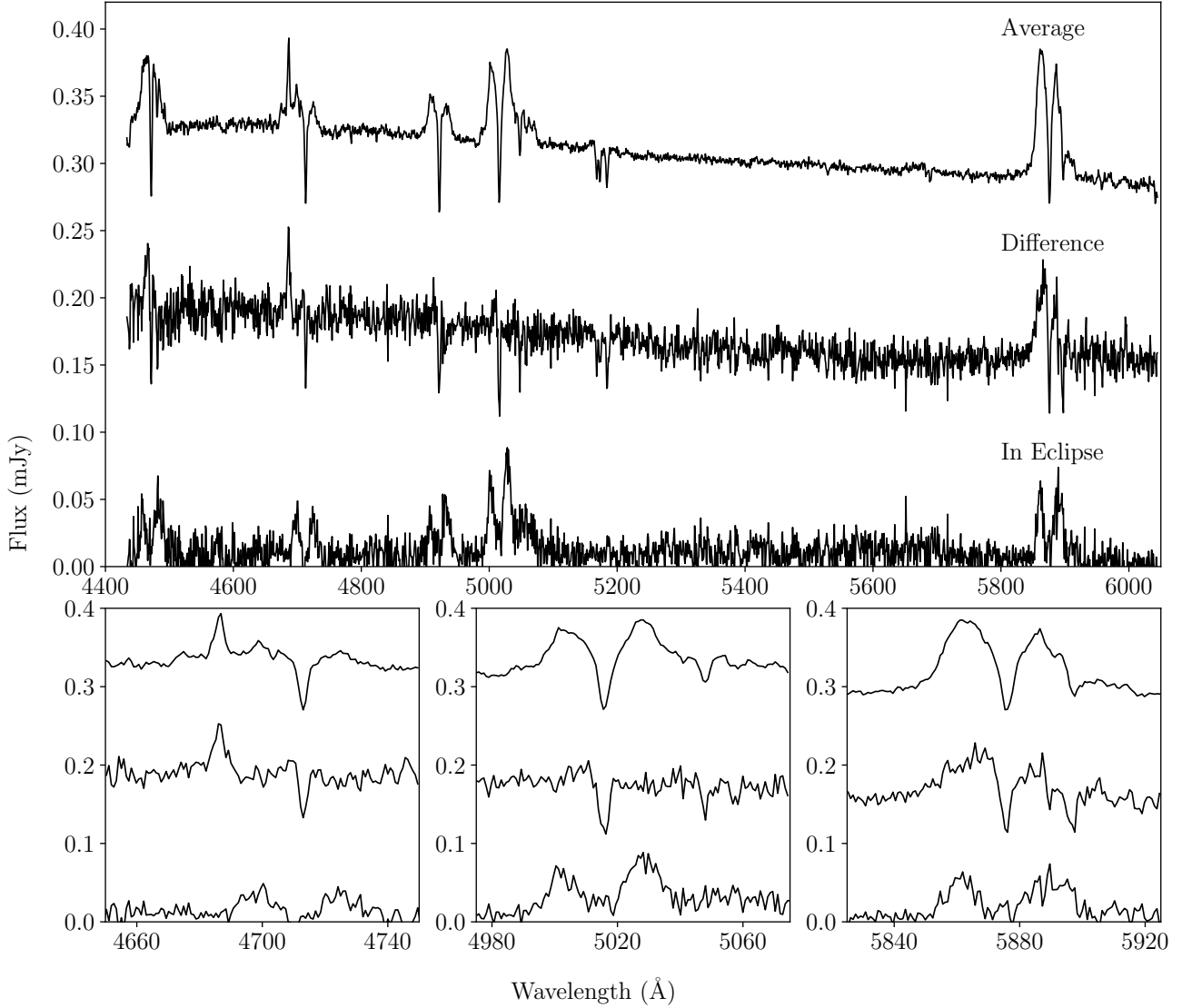


Figure 5. Above: GTC spectra of Gaia14aae. The top line shows the average of all out-of-eclipse spectra, offset by +0.2 mJy. The bottom line shows the spectrum taken during eclipse. The middle line shows the difference between the two spectra, offset by +0.07 mJy. The difference spectrum combines the spectra of the white dwarf and of a region of the inner disc that is eclipsed at the same time. It is characterised by He I absorption lines (the cores of the He I features seen in the average spectrum) and He II emission at 4686 Å. Most He I features show little or no emission in the eclipse spectrum, though some emission is seen at the He I 5875 Å line. Below: Close-ups of selected He I and He II features: 4686 and 4713 Å (left), 5015 and 5048 Å (centre), and 5875 Å (right).

Table 5. Coordinates in velocity space of the bright spots in the He I emission lines of Gaia14aae, measured from Doppler maps based on our GTC spectra using a two-dimensional Gaussian fit. We also quote total velocity K_{tot} and phase ϕ . The systemic velocity in each map was assumed to be 16 km/s.

Line (Å)	Bright spot 1				Bright spot 2			
	K_x (km/s)	K_y (km/s)	K_{tot} (km/s)	ϕ (°)	K_x (km/s)	K_y (km/s)	K_{tot} (km/s)	ϕ (°)
4471.5	-860 ± 30	550 ± 40	1020 ± 40	-123 ± 2	660 ± 70	-560 ± 80	860 ± 70	49 ± 5
4713.1	-1280 ± 80	670 ± 70	1450 ± 80	-117 ± 3	0 ± 200	-1390 ± 60	1390 ± 60	0 ± 8
4921.9	-860 ± 40	680 ± 30	1100 ± 40	-129 ± 2	430 ± 240	-930 ± 140	1020 ± 160	25 ± 13
5015.7	-790 ± 60	580 ± 50	980 ± 50	-126 ± 3	170 ± 80	-950 ± 20	970 ± 30	10 ± 5
5047.7	-930 ± 30	640 ± 40	1130 ± 30	-124 ± 2	-180 ± 80	-1170 ± 30	1180 ± 30	-9 ± 4
5875.6	-720 ± 30	420 ± 80	830 ± 50	-120 ± 5	340 ± 170	-690 ± 100	770 ± 120	26 ± 12

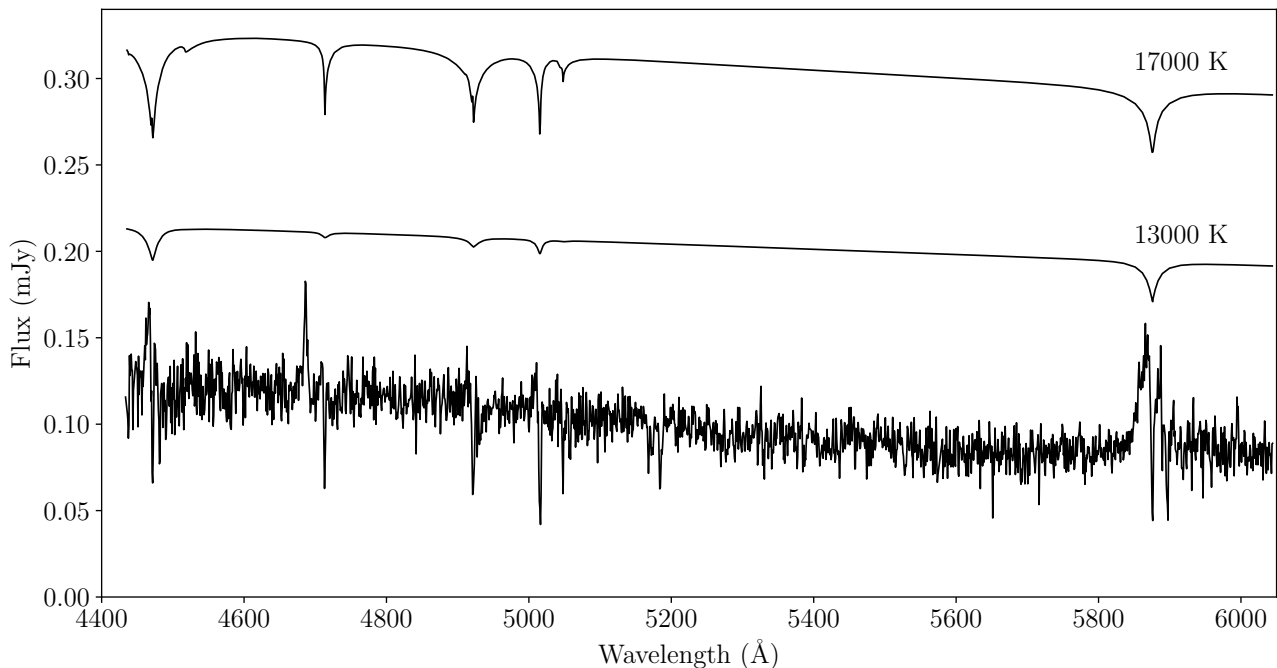


Figure 6. Spectrum of the eclipsed light of Gaia14aae from Fig. 5, compared with model spectra for pure helium atmosphere white dwarfs at the two proposed temperatures for the central white dwarf, 13000 K and 17000 K. The 13000 K and 17000 K models were scaled such that the continuum matched the continuum of Gaia14aae, then offset by +0.1 and +0.2 mJy respectively. It is clear that the absorption lines in the observed spectrum are narrower and deeper than the lines in either model, suggesting a significant contribution from absorption of the white dwarf light by the accretion disc.

of CV and AM CVn systems (eg. Roelofs et al. 2005, 2006b; Kupfer et al. 2013, 2016). Such maps display the emission sources of each component of the spectral line in velocity space. All motions are assumed to be in the plane of the binary system, with no vertical motion being considered. These maps were produced from our spectra, after excluding all spectra that were affected by eclipses. On the Doppler maps, we plot theoretical predictions for the Roche lobes, the central white dwarf, and the disc radius at which the bright spot is expected based on eclipse photometry. We also plot two versions of the stream of infalling matter: the ballistic velocities of the stream, and the Keplerian velocities corresponding to positions along the stream. These Doppler maps are oriented such that the predicted velocity of the central white dwarf is in the negative y-direction.

The trailed spectra and Doppler maps of He I and Si II lines are qualitatively similar to each other. Each shows a prominent bright spot which appears as an S-wave in the trailed spectra, and as an emission feature in the top left of the Doppler map. Both He I and Si II lines also show a weaker second bright spot, offset by approximately 120° relative to the first bright spot and appearing at the bottom of the Doppler maps. Finally, the absorption core of all He I lines is clearly visible. In the trailed spectra, the absorption core appears to undergo radial velocity shifts. However, the phase of these velocity shifts is difficult to interpret as following the central white dwarf or the accretion disc. Instead, we interpret these apparent shifts as corresponding to interference from the two bright spots.

The trailed spectra and Doppler maps of the He II

4686 Å line are different to He I. The first bright spot is still present, but a central spike feature is prominent while the second bright spot is not visible. Small velocity shifts can be seen in the central spike, though at a level much lower than the width of the feature itself (the velocity shifts are of order 10s of km/s, where the width of the feature is of order 100s km/s). In the Doppler maps, the central spike feature is slightly offset in a downwards direction with respect to 0, consistent with the predicted velocity of the central white dwarf.

Two methods have been previously used to measure the velocity shifts of such features: a method of shifting Gaussians applied to the individual spectra (Marsh 1999; Kupfer et al. 2016), and a method in which the Doppler map is fitted with a two-dimensional Gaussian (Roelofs et al. 2005, 2006b; Kupfer et al. 2013, 2016). For GP Com and V396 Hya, using high resolution data, the two methods were found to give consistent results (Kupfer et al. 2016). For our data we found that optimum results could be obtained by using the method of shifting Gaussians to fit the He II 4686 Å line, as the features are present with sufficient signal strength in individual spectra for the method to converge, and it returns results at a higher precision than the Doppler map fitting method. In the He I lines the bright spots (in particular the second bright spots) are weaker, and the method of shifting Gaussians was unable to converge on these features in individual spectra. We instead used the Doppler map fitting method for all He I lines.

In the method of shifting Gaussians, the region of interest in each spectrum is simultaneously fitted, using a series of

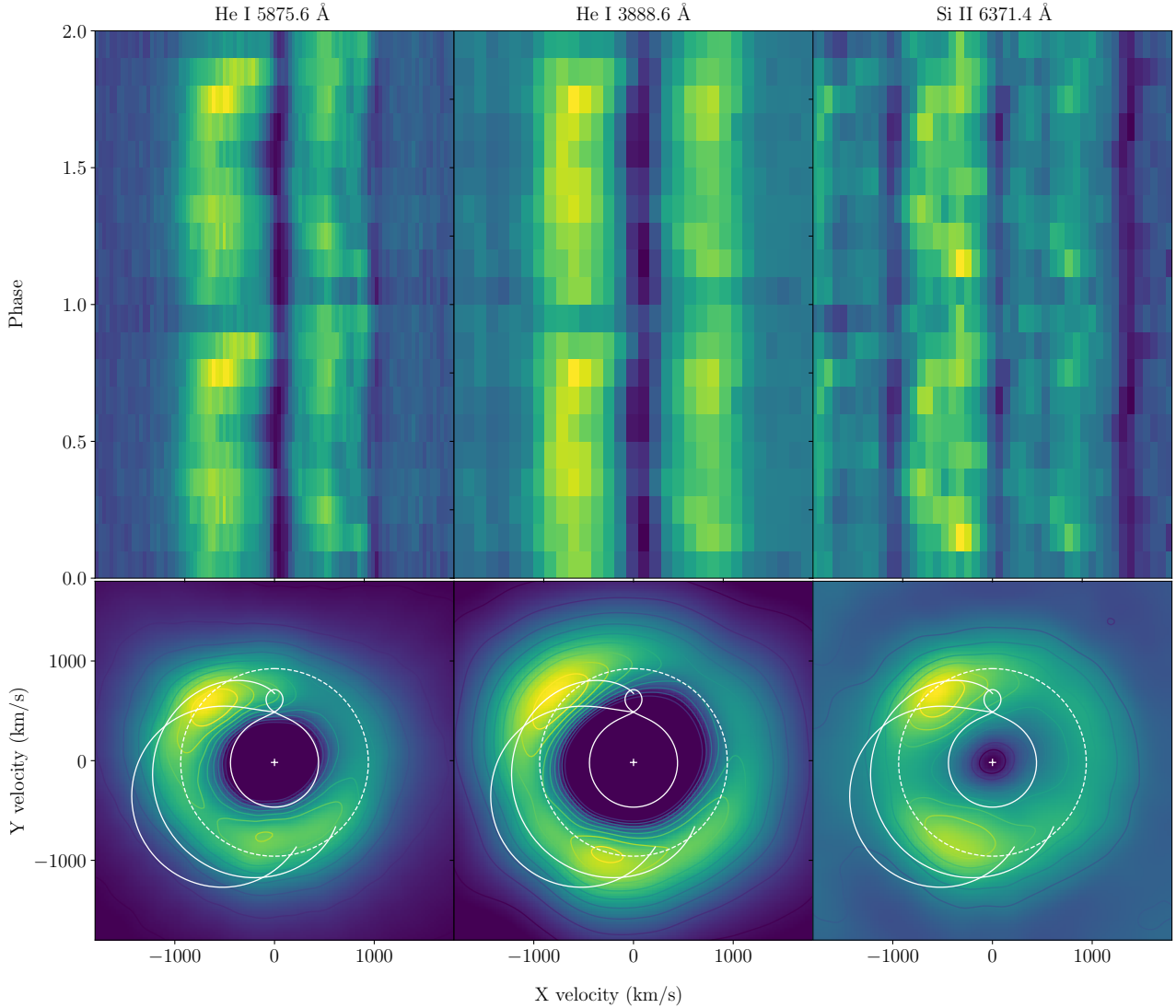


Figure 7. *Above:* Phase-folded, trailed spectra of He I and Si II lines using our data from the GTC (left panel) and WHT (centre and right panels). Absorption is shown in blue (dark for greyscale prints), and emission in yellow (light). The features show central absorption, a strong S-wave (maximum blue excursion at phase 0.7), and disc emission (either side of the central absorption). *Below:* Doppler maps produced from the individual spectra. In addition to the central absorption and disc emission, two bright spots can be seen. The second spot is weaker than the first, though by how much varies depending on the emission line. On the Doppler maps we also plot the predicted velocities of the Roche lobes (solid lines), the central white dwarf (cross), the stream of infalling matter (solid lines), and the velocity corresponding to the photometrically-measured bright spot separation radius (dotted line). The rotation of the map is such that the predicted position of the central white dwarf is below the origin of the map.

Gaussians whose velocity is offset from the rest wavelength by

$$K_x \sin(2\pi\phi) + K_y \cos(2\pi\phi) + \gamma \quad (1)$$

where K_x and K_y are the position of the feature in velocity space, ϕ is the orbital phase at which the spectrum was taken (defined such that eclipses occur at integer values of ϕ), and γ is any systemic Doppler shift of the feature from the rest wavelength.

In order to estimate uncertainties a bootstrapping process was used. 2000 sets of bootstrapped spectra were produced from the parent set. Within each set, each spectrum was produced from its parent spectrum in the original set

by selecting with replacement N of the N pixels in the parent spectrum. The method of shifting Gaussians was then applied to each of these bootstrapped sets of spectra. The results from this bootstrapping process were examined by eye, and found to be approximately normally distributed for each parameter. The final uncertainty was chosen as half the difference between the 16th and 84th percentile of these results.

For the Doppler map fitting method, we measured the positions of the two bright spots in velocity space by producing Doppler maps of the spectral lines and fitting the features with a two-dimensional Gaussian. Uncertainties on these values were derived using the bootstrapping method

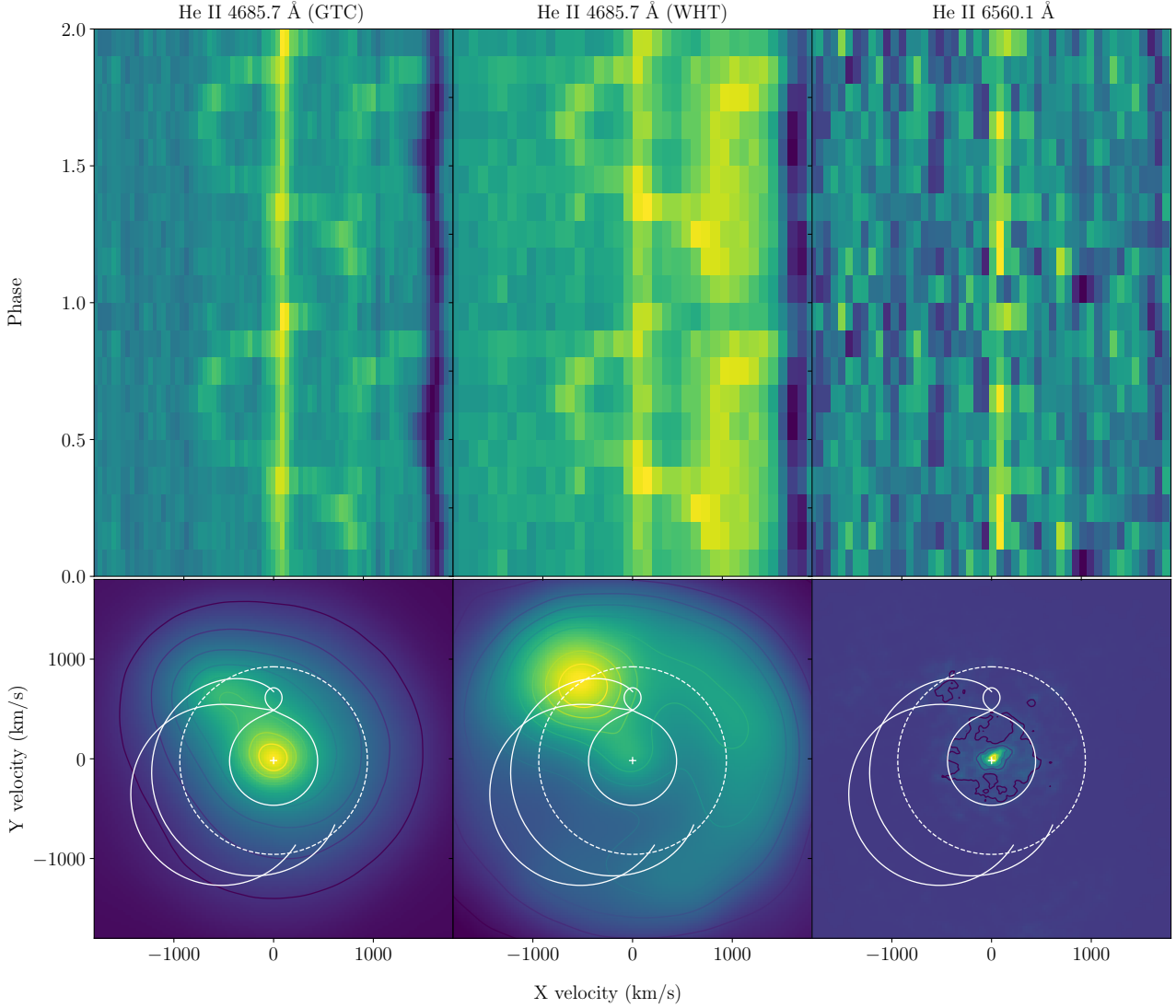


Figure 8. *Above:* Phase-folded, trailed spectra of He II lines using our data from the GTC (left panels) and WHT (centre and right panels). Absorption is shown in blue (dark for greyscale prints), and emission in yellow (light). The 4686 Å line shows a prominent, almost motionless central spike emission feature and an S-wave resulting from the bright spot (maximum blue excursion at phase 0.7). The 6560 Å line shows another central spike, albeit much weaker, while the bright spot is not visible. *Below:* Doppler maps produced from the individual spectra. As in the trailed spectra, the 4686 Å Doppler maps show a central spike and one bright spot, and the 6560 Å Doppler map shows just the central spike. On the Doppler maps we also plot the predicted velocities of the Roche lobes (solid lines), the central white dwarf (cross), the stream of infalling matter (solid lines), and the velocity corresponding to the photometrically-measured bright spot separation radius (dotted line). The rotation of the map is such that the predicted position of the central white dwarf is below the origin of the map.

described by Wang et al. (2017, 2018). 2000 sets of bootstrapped spectra were produced as described above. After this, a Doppler map was produced from each set of bootstrapped spectra. Features of interest were fitted using a two-dimensional Gaussian in each bootstrapped Doppler map. The uncertainty on each parameter was again chosen as half the difference between the 16th and 84th percentile of the bootstrapped results.

The results for the He II 4686 Å line are shown in Table 4. The total projected velocity for the central spike (CS) is $K_{CS} = \sqrt{K_x^2 + K_y^2} = 13.8 \pm 3.2$ km/s. This can be compared

to our prediction of $K_{WD} = 17.6 \pm 1.0$ km/s based on the photometry-derived masses and inclination of Green et al. (2018a). The two values agree at the level of 1.1σ . We can also measure the orbital phase offset between the central spike and the predicted period of the central white dwarf by $\phi_{CS} = \arctan(-K_x/K_y) = 4 \pm 15^\circ$, which agrees with the expected 0° offset.

The systemic velocity of the bright spot in the He II 4686 Å line, $\gamma = 16.0 \pm 5.7$ km/s, agrees well with the velocity of 15.5 ± 2.7 km/s measured from the wings of the He I lines in Section 3.1.3, and is likely due to the overall velocity of the binary. Relative to this velocity, the central spike is

redshifted by a further 44.7 ± 6.2 km/s. Similar redshifts have been seen in the central spikes of other AM CVns and can be attributed to a gravitational redshift. We discuss this further in Section 4.1.

The positions of the He I bright spots are shown in Table 5. The measured positions of each bright spot is consistent between different emission lines, and the first spot is consistent with the bright spot in He II. It can be seen from the Doppler maps that both spots appear to lie on or close to either the velocity of the ballistic stream or the corresponding Keplerian velocity of its position. We discuss this further in Section 4.2.

4 DISCUSSION

4.1 The Origin of the Central Spike

The central spike appears to follow the central white dwarf in both K -velocity and orbital phase, and disappears when the central white dwarf is eclipsed. This confirms the widely used assumption that the spike originates on or near the surface of the white dwarf, and traces its motion (Marsh 1999; Kupfer et al. 2016). This agreement can also be taken as an independent test of the stellar properties measured by Green et al. (2018a), producing a reasonably secure confirmation.

As discussed in Section 3.3, the spike has a baseline redshift of 44.7 ± 6.2 km/s relative to the velocity of the binary. Such redshifts have been previously seen in AM CVns. The redshift of the central spike is a combination of two possible sources: gravitational redshift, and the Stark effect which causes blueshifts in He I features. As the Stark effect does not affect He II, our measured redshift is likely to be entirely gravitational in origin.

This gravitational redshift can be used to further constrain the origin site of the central spike. Given the mass and radius of the central white dwarf measured photometrically (Green et al. 2018a, Table 1), a redshift of 60 ± 2 km/s would be expected at the white dwarf surface. The redshift we measure for the central spike disagrees with this. Instead our redshift implies that the origin site is a distance of $0.34^{+0.26}_{-0.17} R_{WD}$ above the surface of the white dwarf. Line emission from this height is difficult to explain. The emitting material cannot be rotating with the Keplerian velocity as this would significantly broaden the emission line. Infalling material with a significant velocity would also produce Doppler broadening, and hydrostatic suspension at this height is difficult to believe for material cool enough to be dominated by singly ionised helium. It is possible that the mass of the central white dwarf is significantly lower than the eclipse-based measurement; surface emission would suggest $M_1 = 0.75 \pm 0.05 M_\odot$ rather than $0.87 \pm 0.02 M_\odot$. However, it is more likely that the redshift measurement is unreliable. The most likely source of error is the measured RV of the binary, which (as discussed in Section 3.1.3) is subject to several possible complications. Finally, we note the large and non-Gaussian uncertainties on this measured height, which do not allow us to conclusively say that the emission site is inconsistent with the white dwarf surface.

In many other AM CVns, the central spike is visible in both He I and He II. It may be that for these systems, either the overall disc is cooler or the emission site of the central

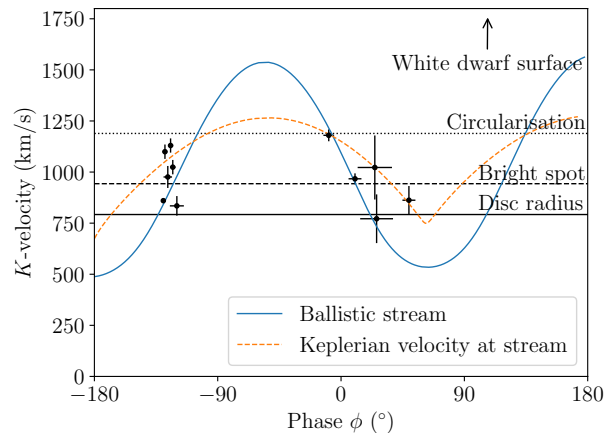


Figure 9. The measured velocities of the two bright spots, transformed from the values in Table 5 to absolute velocity K and orbital phase ϕ , are plotted as black points. We show for comparison the ballistic velocity of the infalling matter stream, and the Keplerian velocity at the position of each point in the stream. The latter may be seen as an approximation for the disc velocity at that point. Lastly, we show as horizontal lines the Keplerian velocities of three radii within the disc: the photometrically measured separation of the first bright spot and outer radius of the disc, and the circularisation radius. Note that larger radii will have a lower Keplerian velocity. All measurements for both bright spots seem to be consistent with the ballistic or Keplerian velocities of the stream, and are at a radius roughly consistent with the photometric measurement of the separation of the first bright spot.

spike is further from the white dwarf, resulting in a cooler emission site that allows both He I and He II to be seen. A cooler disc may be a result of a lower mass transfer rate or a lower mass white dwarf. The mass transfer rate in Gaia14aae is known to be high for its orbital period (Campbell et al. 2015; Ramsay et al. 2018), but we note that it is still significantly lower than the mass transfer rate of AM CVn itself, in which He I central spike emission is seen. Alternatively, the absence of central spike emission from the He I lines in Gaia14aae may be related to the edge-on disc absorption seen in this system.

4.2 The Positions of the Bright Spots

As can be seen in Figs. 7–8, both bright spots in the He I lines of Gaia14aae lie either on or close to the path of a ballistic stream of matter. In Fig. 9, we plot the absolute velocity amplitude (K) and binary phase angle (ϕ) of the bright spots in each He line in the GTC data. We do not use the He I 4713 Å measurements, which are clearly discrepant with measurements from other lines, perhaps due to blending between He I 4713 Å and He II 4686 Å. We define ϕ from the Doppler maps as the rotation of the component anti-clockwise around the centre, with the accreting white dwarf at phase zero. In Fig. 9 we additionally plot lines corresponding to the velocity and phase of a ballistic stream of matter (Lubow & Shu 1975), and the Keplerian velocity that the disc would be expected to have at that position.

The first bright spot originates from the point at which

the infalling stream of matter is decelerated to match the velocity of the accretion disc. As such its velocity is expected to be either equal to that of the ballistic stream, equal to the Keplerian disc velocity at the point of collision, or between the two. The scatter in our measurements appears to be centred between the two velocities, but our most precise measurement, the He II bright spot, lies exactly on the velocity of the ballistic stream. This is of interest for AM CVn mass ratio derivations. In order to convert from the projected velocity of the white dwarf (K_{WD}) to the true velocity of the white dwarf, from which the mass ratio can be found, one must first estimate the inclination of the system. The inclination can be measured from the velocity of the bright spot, if it is assumed to agree with either the ballistic stream or the Keplerian disc velocity. Past studies have generally either assumed the ballistic case (Roelofs et al. 2006b) or used the ballistic and Keplerian cases to derive lower and upper limits (Marsh 1999; Kupfer et al. 2016). Based on the scatter in our measurements, the latter assumption is safer.

While a second bright spot is seen in many AM CVns (Roelofs et al. 2005, 2006b; Kupfer et al. 2013, 2016), its origin is still unclear. Past studies have suggested it may result from some fraction of the infalling stream continuing past its first contact with the disc, and instead interacting with the disc at a later point in its path (eg. Kupfer et al. 2016). Roelofs et al. (2005) suggested an explanation in which this ‘overflowing’ fraction of the stream leaves the disc along its ballistic trajectory and causes the second bright spot as it re-enters the disc. An alternate proposal has been modelled by several numerical simulations (Armitage & Livio 1998, Wood, priv. comm.). In this proposal, the impact of the stream at the edge of the accretion disc causes some fraction of the infalling material to deflect above and below the disc. The deflected material continues to follow an approximately ballistic path, and terminates at a second bright spot where the material reimpacts the disc. Other suggested models include those in which a standing wave forms in the outer disc, potentially explaining the approximate 120° separation of the two spots.

In Gaia14aae, the agreement of the second spot velocity with the path of the ballistic stream is suggestive. However, unlike in the mechanism suggested by Roelofs et al. (2005), the second bright spot in Gaia14aae appears at a region in which the ballistic stream would be travelling *outward* through the disc, not inward. As such, the second bright spot in Gaia14aae may favour the mechanism of upward and downward deflection suggested by Armitage & Livio (1998), in which the path of the material is approximately ballistic. However, we note that the location of the second bright spot in Gaia14aae does not exactly match the predictions of Armitage & Livio (1998), in that they predict a location near the closest approach of the stream to the central white dwarf. Indeed, it is unclear that the ballistic stream path remains physically meaningful beyond the point of closest approach. It is interesting to note that the radius corresponding to the velocity of the second spot in Gaia14aae is approximately equal to the radius of the first bright spot, but it is unclear whether there is a physical reason for this.

If the second bright spot can be assumed to lie on the ballistic stream path in all AM CVns, this would provide an additional constraint on spectroscopic mass ratio measurements. However, given the uncertainty that remains re-

garding the formation mechanism of the second bright spot, extreme caution should be exercised before adopting such assumptions. It is possible that the agreement of our measured velocity and phase with the ballistic stream is entirely coincidental.

4.3 Implications for the Formation of Gaia14aae

There are three proposed channels by which AM CVns can form, with the relative importance of each channel being uncertain. In the white dwarf donor channel, both stars in a close binary evolve into white dwarfs via two stages of common envelope evolution. Gravitational wave radiation then drives the white dwarfs into contact, forming an AM CVn with a white dwarf donor (Paczynski 1967; Deloye et al. 2007). The helium star donor channel is similar, but differs in that the donor is a stripped giant core that is still undergoing helium fusion at the point of contact (Savonije et al. 1986; Iben & Tutukov 1987; Yungelson 2008). In the evolved CV channel, the binary first becomes a hydrogen-accreting CV with an evolved (helium core) donor. Mass transfer removes the outer layers of the donor, exposing its helium core, and the accreted material becomes helium-dominated (Tutukov et al. 1985; Podsiadlowski et al. 2003; Goliasch & Nelson 2015).

A key purpose of characterising AM CVn binaries is to identify their formation channel. For Gaia14aae the results to date are ambiguous. The donor mass and radius of Gaia14aae agree well with models for the evolved CV channel (Green et al. 2018a). They also lie in a region of mass-radius space which the helium star donor channel may be able to explain following tweaks to the model.

The biggest discrepancy with the evolved CV channel is that these models predict an amount of hydrogen in the transferred material generally on the order of 1% (Nelson, private communication, 2016; Goliasch & Nelson 2015). Smaller amounts of hydrogen are possible, but the initial conditions required become increasingly improbable as the hydrogen fraction decreases. As the region of possible initial conditions becomes smaller, we would expect to find an increasing number of CVs below the period minimum with spectroscopically visible hydrogen and helium for every AM CVn that is found.

The upper limit on H α EW measured in Section 3.1.4 is less constraining than was assumed by Green et al. (2018a). Allowing the accreted material to contain a higher fraction of hydrogen makes the evolved cataclysmic variable channel more favourable for Gaia14aae.

The abundances of CNO elements can also discriminate between evolutionary channels. In the white dwarf donor and evolved CV channels, the relative abundances of these elements will roughly match equilibrium abundances for the CNO cycle (Nelemans et al. 2010). In the helium star donor channel, helium burning increases the abundance of triple- α products C and O relative to N (Yungelson 2008). The extent of this abundance change depends on the length of time for which burning is able to occur before mass transfer starts. In Gaia14aae we have detected N and O absorption lines, but no C. This may be evidence against the helium star donor channel and in favour of the evolved CV channel. However, given the marginal strength of the N and O detections, the non-detection of C cannot be taken as truly significant. Fur-

ther observations in ultraviolet or infrared may allow for a tighter constraint on the CNO composition.

In Ramsay et al. (2018), a direct measurement of the mass transfer rate of Gaia14aae was made based on the absolute magnitude of the bright spot. Mass transfer rate can be used to explore the donor's nature, as it constrains the donor's response to mass loss $\xi = d \log(R_2/R_\odot)/d \log(M_2/M_\odot)$. The measured mass transfer rate $\log(M/[M_\odot \text{yr}^{-1}]) = -10.74 \pm 0.07$ implies $\xi = -0.31^{+0.23}_{-0.20}$. This value agrees better with the prediction based on the helium star and white dwarf donor channels (≈ 0.2) than the prediction based evolved CV channel (≈ 0.0). However, the measurement is not precise enough to rule out any channel. A more precise measurement of mass transfer rate may be possible by eclipse timing. AM CVn binaries show measurable increases to their orbital period over a timescale of years (Copperwheat et al. 2011b; de Miguel et al. 2018), governed by a combination of gravitational wave emission and mass transfer (Deloye et al. 2007). If the stellar masses are known, the rate of orbital period change may be used to measure mass transfer rate. Timing the eclipses of Gaia14aae will make it possible to measure the mass transfer rate to enough precision to discriminate between, or at least further constrain, the evolutionary channels.

There is growing evidence that Gaia14aae may have an unusual formation channel. When compared to other AM CVns, the donor of Gaia14aae appears to be unusually inflated for its orbital period, and indeed has the largest radius of all AM CVn donors with measured radii (see Fig. 11 of Green et al. 2018b). It remains the second-longest period AM CVn to undergo a dwarf nova outburst (Campbell et al. 2015), and its absolute magnitude is unusually bright for systems of its orbital period (Ramsay et al. 2018, Fig. 3), both suggesting an unusually high mass transfer rate for its orbital period. The mass transfer rate measured in Ramsay et al. (2018) agrees with this, though with large uncertainties.

If Gaia14aae is atypical for a long-period AM CVn, this strengthens the case for its having formed by the evolved CV channel, which is expected to contribute a minority of AM CVns at long orbital periods. Binaries formed by the evolved CV channel are expected to have more inflated donors and higher mass transfer rates than AM CVns formed by the other two channels. A number of CVs with visible hydrogen have been detected that are below the typical CV period minimum and show both hydrogen and helium. Ten such systems are known (as of Breedt 2015; see Augusteijn et al. 1993, 1996; Breedt et al. 2012, 2014; Carter et al. 2013; Littlefield et al. 2013 for individual systems). As such, we might expect a small number of AM CVns to have formed by the same channel.

5 CONCLUSIONS

We have presented phase-resolved spectroscopy of Gaia14aae, the first known fully-eclipsing AM CVn. The system shows a series of He I and He II emission lines, as well as absorption and emission from several metals. The He I lines have a line profile consistent with emission from a disc and two bright spots, while the He II lines show one

bright spot and the 'central spike' emission feature seen in many AM CVns.

By comparing in-eclipse and out-of-eclipse spectra, we confirm that the central spike is eclipsed at the same time as the central white dwarf. Using the Doppler shifts of the central spike, we derive a projected white dwarf velocity amplitude which is in agreement with our prediction based on the stellar properties derived from eclipse photometry, thus confirming the widely used but never directly tested assumption that this emission traces the velocity of the white dwarf.

We tested two methods to measure the radial velocity of the central spike. The widely used method of fitting to Doppler tomography was found to be too imprecise to measure the white dwarf velocity for Gaia14aae, but our method of sinusoidally shifting Gaussians produced a higher precision measurement.

We measured the systemic velocities of both the central spike and the bright spot, using the difference to compute the gravitational redshift of the central spike. We found a gravitational redshift of 44.7 ± 6.2 km/s, corresponding to an emission site $0.34^{+0.26}_{-0.17} R_{\text{WD}}$ above the white dwarf surface. The temperature of this emission site is predicted to be 15600^{+700}_{-1200} K, and it coincides with the peak of the temperature profile of the accretion disc.

The positions of both bright spots coincide with predicted velocities of the stream of matter. In the case of the first bright spot, this matches with expectations. In the case of the second bright spot, this is somewhat surprising as the spot appears on the outward trajectory of the accretion stream. This may suggest that the second spot, like the first, results from an interaction between stream and disc. However, the mechanism of such an interaction, and why it appears at this particular point on the stream's path, is unknown, and the association may be down to chance.

Our previous work on Gaia14aae (Green et al. 2018a) attempted to answer the question of how the binary formed. In that work we were unable to distinguish between two possible formation channels, the helium star donor channel and the evolved cataclysmic variable channel. In this study we have presented marginal detections of nitrogen and oxygen compared to a non-detection of carbon, and an upper limit on hydrogen that was less restrictive than expected. We also discuss evidence from Campbell et al. (2015) and Ramsay et al. (2018) that Gaia14aae may have an unusually high mass transfer rate for its orbital period. Combining these points, we tentatively suggest that Gaia14aae may be an unusual example of an AM CVn that has formed by the evolved cataclysmic variable channel. However, these arguments are far from conclusive. We recommend further observations that may help to constrain the formation channel of Gaia14aae, including ultraviolet or infrared spectroscopy to search for carbon, and long-term timing of its eclipses in order to constrain the gravitational wave radiation and hence its mass transfer rate.

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